

Royal  
Adelaide  
Hospital  
Research  
Fund

# RAH Researcher

Edition 1  
Autumn 2018

Raising Funds to benefit medical research and  
enhanced patient care at the Royal Adelaide Hospital

Royal  
Adelaide  
Hospital

Dr Eddie Tse,  
RAH Head of Hepatology.



Ground-breaking  
research to combat  
life threatening  
chronic diseases

See page 8

Dear Supporter,

April 2018

Welcome to the Autumn 2018 Edition of the RAH Researcher, the official newsletter of the Royal Adelaide Hospital (RAH) Research Fund—the hospital's very own fundraising arm.

This edition is full of news about our team's activities as we focus on a range of projects increasing the RAH Research Fund's profile and raising funds to benefit world-class medical research and enhanced patient care at SA's premier hospital.

Last issue we brought to your attention an excellent example of this outstanding research—a project led by Dr Eugene Roscioli, seeking to improve the management and treatment of chronic lung disease. Our readers' generous response to our request to support this valuable work was inspiring, and I sincerely thank you all.

This newsletter includes a personal chat with Dr Roscioli, in which he reveals the outcomes your donations have already helped to achieve.

We also present the work of another inspiring RAH researcher, Dr Eddie Tse, who together with his team, are conducting innovative research to improve treatment options for fatal chronic diseases. The research not only promises to improve the quality of life for millions, but vastly reduce the pressure on our healthcare system.

The RAH Research Fund team has been incredibly busy in recent months, and it's been a delight interacting with many of our donors during that time. We've thanked hundreds over the phone for their donations to Dr Roscioli's research and met many others at our RAH Hub; some coming for a supporter tour, and others keen to see our new mascot teddy bear before entering our competition to name it. By the way, don't miss the winning entrant and name in this issue!

On behalf of the RAH Research Fund team, I would like to thank you for your support. We rely on the generosity of people like you to enable our medical researchers to find cures for life threatening diseases. We trust that you will continue to support the RAH Research Fund.

Happy reading, and I wish you all a healthy and successful 2018.

Yours sincerely,



**Simon Blight**  
Fundraising Manager CALHN  
**SA Health**

P.S. One last thank you—to all our readers for your many positive comments about the newsletter's new format, look and feel, introduced last edition. We're delighted you're so happy with it!

# Welcome

Welcome to another action-packed edition of the **RAH Researcher**, the bi-annual newsletter of the Royal Adelaide Hospital (RAH) Research Fund—the hospital’s very own fundraising arm.



Firstly, I want to thank readers of our last issue for your generous support of the hospital’s featured research into lung disease, led by Dr Eugene Roscioli. We will continue to report on this important work in our communications and future events to ensure your financial contribution is respected with regular progress updates.

In the past 20 years, the RAH Research Fund has raised over \$185 million to benefit medical research and patient care provided by the RAH. That progress only happens with the support of our generous donors and the community of South Australia. I would like to thank our generous donors and look forward to your continued support so our world class researchers can continue their life-saving work.

In this issue, we highlight the remarkable work of Dr Eddie Tse, Head of Hepatology at the RAH, and the ground breaking research he is conducting to combat life threatening chronic diseases. This vital

research has the potential to enhance the quality of life for millions of Australians. The RAH Research Fund is delighted to back Dr Tse’s research, and with your support, we can fast-track its development.

We also profile Dr Jason Powell, Senior Research Fellow at the Centre for Cancer Biology, whose inspiring, cutting-edge research to find a cure for Acute Myeloid Leukaemia (AML) was the focus of our most recent direct mail fundraising campaign.

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You’ll find many articles illustrating and celebrating the numerous ways individuals, community organisations and businesses have given of their time and resources to support the RAH Research Fund and the many research initiatives we champion.

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Plus, we profile our wonderful RAH Newsagency. We reveal our new mascot teddy bear, and the winner of our competition to name it. And we announce the exciting launch of the RAH Research Fund Schools Program.

Finally, I want to sincerely thank our readers for the incredibly positive feedback we received on the new look and feel of the last newsletter. We’re delighted you find the stories easy to relate to, and that they’ve inspired you to help make possible the world-class medical research supported by the RAH Research Fund.

I look forward to meeting many of you in the ensuing months, and wish you all the best for 2018.

**Simon Blight**  
Fundraising Manager CALHN

# Donors' support helping to advance vital lung disease research

The generosity of our RAH Research Fund (RAHRF) donors has again amazed and impressed us. Our campaign in the Spring 2017 *RAH Researcher*—in support of the RAH Chronic Inflammatory Lung Disease Laboratory's research relating to Chronic Obstructive Pulmonary Disease (COPD)—has to-date raised over \$50,000.

The research has two areas of inquiry: one assessing the effects of bushfire smoke on COPD sufferers; the other investigating the benefits of treating COPD with forms of non-bacterial antibiotics.

According to lead researcher Dr Eugene Roscioli, the laboratory's team could not be more thankful for the additional funding. "We're incredibly grateful," he says. "This result far exceeds our expectations and makes a huge difference."

The funding will enable the group to extend their research beyond lab models into live systems—an essential next step for both investigations.

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**"That will give us the potential to accelerate the transition of our findings to benefit patients."**

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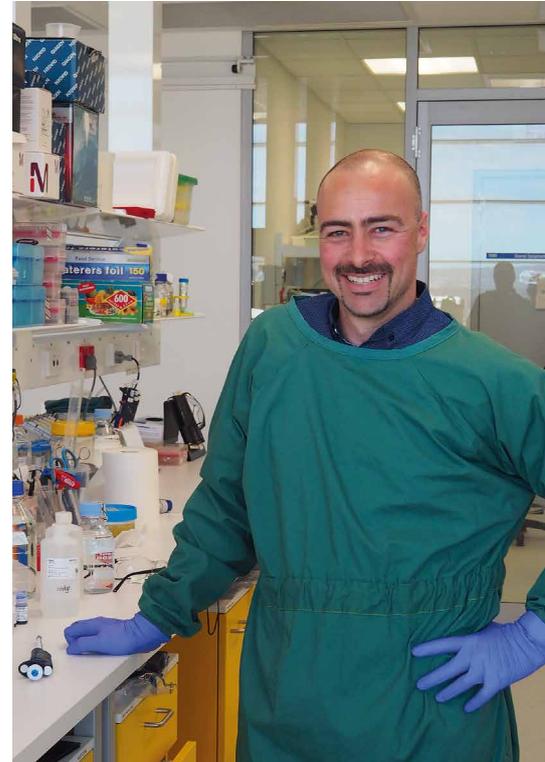
Since the Spring 2017 *RAH Researcher* was published, the team have made significant progress. "We've learned

more about the effects of bushfire smoke on two types of lung cells," says Eugene. "The first is those lining the airways, called epithelial cells, and the second is those that remove pathogens, called macrophages.

"We've found bushfire smoke exposure reduces the survival and function of both these cell types even more than similar levels of cigarette smoke exposure. This supports our hypothesis that sufferers of inflammatory respiratory disease are highly likely to have significant flare-ups if they find themselves caught in a wildfire scenario.

"While in our non-bacterial-antibiotics research trajectory, we've now shown they are able to *increase* the function of macrophages influenced by cigarette-related exposures."

A paper documenting some of the research team's findings is now being considered for publication in a manuscript of *Nature*, one of the world's most prestigious scientific research publishers.



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**"We're incredibly grateful, this result far exceeds our expectations and makes a huge difference."**

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Dr Eugene Roscioli



Business SA members, networking and enjoying the panoramic views.



Piano entertainment provided by Pulteney Grammar student, Josh Li.

Left to right: Josh McNally (Marketing and Brand Manager, Business SA), Jenny Richter (CEO, CALHN), Simon Blight (Fundraising Manager, CALHN) and Clare Feszczak (Director Operational Services, CALHN).

## Networking Event highlights connections with the SA Business community

The first Business SA networking session for 2018 was held on Wednesday 28th February, at the Royal Adelaide Hospital (RAH) hosted by the RAH Research Fund.

The location was Level 8 of the Hospital which provided outstanding panoramic views of the Adelaide Oval and skyline. Business SA holds signature monthly networking events throughout the year at key South Australian venues, and these networking sessions are an opportunity for members from a wide cross section of industry and the South Australian business sector to make key connections in an informal environment, whilst showcasing exclusive settings, such as the Royal Adelaide Hospital.

Guests were given a behind the scenes tour of the Hospital, featuring the Automated Guided Vehicles (AGV's or

Rahbots) on Level 1, which made for a popular talking point.

CALHN Chief Executive Officer, Jenny Richter, welcomed the crowd and spoke of the remarkable fundraising efforts that the RAH Research Fund has provided the Hospital over the past 35 years. This fundraising has directly supported and helped to facilitate world class medical research and patient care at the RAH.

Ms Richter further highlighted the connection between the bio med precinct and the connections with the corporate sector.

Business SA's Marketing and Brand Manager, Josh McNally thanked CALHN Fundraising Manager, Simon Blight and the RAH Research Fund team for hosting the event and setting such a high benchmark for future Business SA networking events in 2018.

## Become a RAH Research Fund corporate partner and reap the rewards

By partnering with the RAH Research Fund, your business will be directly aligned with one of Australia's most technologically advanced hospitals.

A corporate partnership will provide you with significant market advantages including brand exposure on the RAH Research Fund's website, newsletter, and social media platforms.

Those benefits are givens. But they're only the beginning. We fully recognise the importance of adding additional value to your business, so will work closely with you to tailor a partnership package to meet your specific business objectives.

### Like to explore this outstanding opportunity?

Please contact Gabrielle at [gabrielle.cespi@sa.gov.au](mailto:gabrielle.cespi@sa.gov.au) or on 7074 1443 to arrange a no-obligation open discussion.

For the RAH, researching new ways to save and enhance lives is an unshakeable commitment. With your business support and philanthropic backing RAHRF will be able to continue funding projects well into the future.



## Researcher Profile Dr Jason Powell

Dr Jason Powell heads the Cancer Cell Signalling Unit within the Centre for Cancer Biology's Molecular Signalling Laboratory. He has published over 40 research manuscripts—including in prestigious international medical journals such as *Cell*, *Blood* and *Cancer Research*.

### What's your research focus, Jason?

My research focuses on identifying cellular pathways that promote uncontrolled growth of leukaemic cells, and applying this knowledge to develop new targeted therapies, or “personalised medicine”, to treat an aggressive form of leukaemia called Acute Myeloid Leukaemia (AML).

### What motivated you to get involved in this work?

Chemotherapy has been the main front-line therapy for cancer patients for several decades now. But despite putting patients into remission, it has many debilitating side effects, and often patients relapse and succumb to the disease. I, and my fellow researchers, want to improve those outcomes for people. We're aiming to develop new therapeutics that—unlike chemotherapeutics—specifically target cancer cells, while sparing normal cells.

### What are some of your major research achievements?

Our most exciting achievement so far is the identification of a unique protein that predicts patient response to cancer therapy.

### Is the RAH Research Fund important to your work?

Monies from the RAH Research Fund (RAHRF) are absolutely pivotal for South Australian medical research. I experienced this firsthand in recent years when I received an RAHRF grant for \$50,000. This funding enabled me to generate a significant amount of preliminary data, which then formed the basis of my successful application for an additional National Health and Medical Research Council (NHMRC) grant. Without the RAHRF funding I simply wouldn't have been competitive at the NHMRC, as they only fund approximately 12% of grant proposals.

### What's next on your research radar?

Building on our discovery of the protein that appears to drive cancer development, our group is now developing models to target it. This may provide an alternative treatment for patients and mitigate the chances of relapse.

# We're going back to school!

## Introducing the RAH Research Fund Schools Program—empowering students to contribute to their community in support of life-saving medical research.

The value of fostering children's community mindedness is well documented. It builds empathy, strengthens self-esteem and enhances personal wellbeing. Consequently, many South Australian schools have established initiatives to encourage students to support the wider community. And we're delighted to announce that the RAH Research Fund is now actively contributing to their efforts.

The RAH Research Fund Schools Program provides an organised framework for primary and secondary students to raise money for the Research Fund on behalf of their schools—and in return provides fascinating, educational insights into the inspiring world of life-saving medical research, exclusive tours of the state-of-the-art RAH, the chance to meet and talk with world-class researchers, and much more.

## How students can get involved

Students are encouraged to develop and run—with their school's support, of course—a variety of fundraising events, such as:

- casual or dress-up day, perhaps with an accident-and-emergency theme—think zombie apocalypse!
- fun run or obstacle course
- school dance
- morning tea for parents and friends
- car-boot sale
- silent auction
- quiz night.

We'll provide plenty of support to lift the events' profile, including: event management advice; secure money boxes; and information about amazing research to give away. Then, when an event's over, we can personally receive the money raised, issue receipts and explain principles of financial accountability.

## How we say 'Thanks'

To show our appreciation, we'll do everything we can to inspire our next generation of scientists, health professionals and philanthropists.

All participating schools will have the opportunity to host an engaging medical research education session. We'll work closely with staff to ensure the information presented focuses on topics of interest to their community, and/or complements learning programs.

Participating schools will also be invited to nominate up to four students and one teacher to attend our end-of-year Schools Medical Research Forum at the RAH.

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**Their attendance at this major event will include an exclusive hospital tour, and the chance to meet a world-class RAH medical researcher, who will explain how their work helps save lives.**

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We want to empower children with the belief that, at any age, they can make a difference in their community.

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### Like to learn more?

Visit [RAHresearchfund.com.au](http://RAHresearchfund.com.au) and download our RAH Research Fundraising brochure. Then simply fill out the registration-of-interest form and return it to us as instructed.

We'll then contact you to discuss the possibilities!

### What research will the money support?

All funds raised can be directed to any available research area students are interested in. This includes, but is not limited to:

- cancer
- mental health
- respiratory health (e.g. asthma)
- heart disease.

## Donor Profile

### Paul Brown



#### What can you tell us about yourself, Paul?

I'm recently retired, but worked for many years as a commission agent. I have three sons, who live in Adelaide, and two adorable grandchildren—a boy and a girl. My greatest wish is for them all to succeed in life, and be happy and healthy.

I love spending time with them, of course, and my friends. But I'm also keen to see more of Australia now that I'm retired, particularly Perth, Broome and Darwin. And I'm a passionate cricket and horse racing fan.

#### How often do you donate to the RAH Research Fund?

I've been part of the RAH Research Fund (RAHRF) Regular Giving program since 2014. I started with just \$5 a week, and increased the amount as and when I could manage. I'm now up to \$20 a week, and I also donate to the Research Fund's direct mail appeals when I can.

#### What prompted you to get started?

I'd been giving to different charities for some time, and was tired of being bombarded with multiple donation requests. They were all worthy causes, of course, but I decided to simplify things with a regular donation to the RAHRF because it focuses on a broad range of medical research, rather than one particular disease.

That still motivates me today. Medical advances have a direct impact and save lives—we'd live in a very different world without it!

#### Is there anything else you particularly enjoy about supporting the Research Fund?

I just like knowing that my donations are helping people live longer, and reducing families' suffering. It really is a great feeling.

### Like to join Paul in our Regular Giving program?

As a Regular Giver, you'll be part of an exceptional group of people providing financial support we can rely on to help fund life-changing and life-saving medical research and enhanced patient care at the world-class Royal Adelaide Hospital and the broader community.

Your monthly gift will be deducted automatically, and you'll receive a receipt every July to claim your tax deduction.

#### To join or find out more

Phone **7074 1445**, email us at [contactus@rahresearchfund.com.au](mailto:contactus@rahresearchfund.com.au) or visit: [RAHresearchfund.com.au](http://RAHresearchfund.com.au)

# Ground-breaking research being conducted at the Royal Adelaide Hospital (RAH)

Dr Eddie Tse,  
RAH Head of  
Hepatology



**In this issue we feature Dr Eddie Tse, Head of Hepatology at the Royal Adelaide Hospital (RAH), whom together with his team, is conducting pioneering medical research and developing cutting edge technology to combat deadly chronic diseases.**

## **The Silent Killer: Chronic liver disease**

**Chronic liver disease is the silent killer that no one knows about. It lurks in the background – quietly, patiently, until it is too late.**

Chronic liver disease is a group of liver disorders that ultimately lead to irreversible damage of the liver, known as cirrhosis. Whilst cirrhosis is commonly linked with excess alcohol consumption, many other conditions such as non-alcoholic liver disease and infection of the liver (chronic viral hepatitis), can also lead to cirrhosis.

Typically, cirrhosis takes years to develop. In the early stages there are no symptoms and early warning is only possible with a blood test. Furthermore, definitive diagnosis can be difficult, at times requiring a liver biopsy which is very

painful and invasive. Cirrhosis can affect young adult's right through to the elderly.

The complications of cirrhosis are significant; chronic liver failure, primary liver cancer (hepatocellular cancer) and ultimately, death.

Non-Alcoholic Fatty Liver Disease (NAFLD) is the most common cause of chronic liver disease in Australia. The most common causes of NAFLD are obesity, diabetes and high cholesterol. In Australia, an estimated two-thirds of the population are above their ideal weight, with this figure predicted to rise. Obesity is a growing epidemic, and many don't link these risk factors back to NAFLD.

Whilst it's difficult to know the true extent of NAFLD, it is estimated that 40% of people aged over 50 has the condition. This represents 5 ½ million Australians that suffer from this disease. Most distressing is that similar to all other chronic liver diseases, there are no physical symptoms until it is too late.

Innovative research is being conducted at the Liver Clinical Trials Unit at the RAH, allowing all South Australians access to

cutting edge treatments that potentially will halt and reverse the damage done by this silent killer.

Eight years ago, the RAH purchased the first Fibroscan® in South Australia. Fibroscan® is an ultrasound shear wave technology that assesses the total damage to the liver in the lifetime of a patient. The scan takes less than 10 minutes to perform and is painless and can be conducted in a clinical setting.

Advancement in Fibroscan® technology now allows doctors to confirm the diagnosis of NAFLD, as well as measure the damage to the liver without the need for a liver biopsy in most cases.

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**The RAH urgently needs to raise funds to purchase this revolutionary piece of equipment.**

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The new technology will lead to faster diagnosis of liver disease, less invasive treatment options, and has the potential to enable our researchers to continue to find a cure for this shocking disease.

## Gastrointestinal Liver Tissue Repository (GLiTR)

Quite often ground-breaking research comes from successful translation of laboratory findings to clinical medicine. In order for this to be successful, typically a large number of laboratory experiments need to be conducted to ensure potential treatments are both safe and effective.

However, many rare conditions never have the opportunity to be studied in the laboratory as there is not a system available to collect valuable tissue samples and medical information as they occur.

Dr Tse and his team at the RAH has developed a repository, or biobank, to collect not only tissue samples, but also medical information ethically.

The biobank known as Gastrointestinal Liver Tissue Repository (GLiTR) has the potential to not only allow for collaborating research more efficiently, but accelerate advances in medical science.

Already, GLiTR has facilitated research with several South Australian research teams in the areas of viral hepatitis and intestinal infection. In the near future, the team will be expanding their field of research, exploring the possibility of linking viral hepatitis with neurological conditions such as Guillain Barre Syndrome and other neuro-immune disorders.

## The HealthELink Study

Through industry support and private investors, Dr Tse and his team has developed an exciting initiative at the RAH: HealthELink. HealthELink is a secure online treatment platform which promises to put the capability to manage

a huge range of chronic disease issues and requirements firmly in the hands of GPs, specialist nurses, carers, and patients themselves.

The platform is aimed at improving health care, changing the way health professionals practice medicine, and the management of chronic diseases. It also has the potential to empower patients to take control of their condition.

HealthELink provides GPs with the knowledge and confidence to co-manage patients with chronic diseases (in consultation with specialists). The GP simply logs into the system, enters the patient's details and medical condition, and is rapidly advised of the most appropriate treatment through innovative algorithms, based on Australian best practices.

Dr Tse's ultimate vision for HealthELink is to enable chronic disease sufferers to take control of their conditions. "The goal is for patients to be able to log in and access their treatment plan and manage their own health," he says.

40 GP's and 100 patients are currently trialling the platform in South Australia, and Northern Territory. At this stage, the trial is focused exclusively on sufferers with Hepatitis C with promising results.

A long term goal is to develop treatment templates for all chronic conditions and enable specialists led care in every area, including regional locations, to respond to queries via HealthELink in real-time.

**If you share our vision for a future free from life threatening chronic diseases, please donate today on the enclosed donation slip.**

## The terrible impact of chronic disease in Australia

According the Australian Institute of Health and Welfare (AIHW):

- In 2014-15, more than 11 million Australians—**50% of our population**—reported having at least one of the following chronic diseases: arthritis, asthma, back pain, cancer, cardiovascular disease, chronic obstructive pulmonary disease, diabetes, and mental health conditions.
- In the same 12-month period, **30%** of problems managed by Australian GPs were associated with these same chronic conditions.
- In 2013-14, they were responsible for **39%** of potentially preventable hospitalisations.
- In 2012, the estimated cost of treating liver disease was **\$423 million**, with total cost estimated at **\$5.4 billion annually**.

## Together we can find cures for chronic diseases.

With your support, we will continue to make life-saving discoveries and advances in medical research. Please donate today on the enclosed donation slip.

Your generosity will benefit millions.



# A newsagency with much more than the news

“To-date we’ve contributed over \$1.4 million to the RAH Research Fund.”

Cynthia Henderson



As we reported in the Spring 2017 issue of the **RAH Researcher**, the **RAH Research Fund (RAHRF) Newsagency offers far more than the standard newspapers, magazines and stationery you might expect. Here’s how the newsagency goes “the extra mile” to make people’s time at the hospital as comfortable as possible.**

## Australia Post services

The RAHRF Newsagency can’t quite do everything a post office does, but it gets pretty close. Customers can:

- buy stamps, envelopes and bags (including Express Post), and Registered Post stickers
- have parcels weighed and packaged
- even get passport photos taken.

## Dry cleaning services

As an agent for Chehade Dry Cleaning, the newsagency can organise for garments to be dry cleaned without you

having to leave the hospital.

Their ongoing specials are three items for \$26 (trousers, jackets, blouses/shirts/jumpers) and five shirts for \$16.

A 48-hour turnaround is offered Monday to Friday.

## Parcel collection

It can be quite stressful for hospital patients and visitors to arrange a parcel delivery when they can’t be at home. So the newsagency has become an official Parcelpoint agent. When purchasing from an online retailer offering the Parcelpoint delivery option, customers need simply nominate the newsagency as their preferred destination, then collect their parcel when convenient.

## Drop in soon

You’ll find the newsagency on Level 3D, adjacent to the Public Dining area. It’s open 7.30am to 5.30pm Monday to Friday, and 9am to 4pm on Saturdays (closed Sunday and public holidays).

## Meet the manager

### Cynthia Henderson

Cynthia is newsagency royalty. She started working in a newsagency in 1983, joined the RAH Research Fund (RAHRF) Newsagency in 1990, and was appointed manager in 2010. She was then recognised as the South Australian Newsagent Employee of the Year in 2013 by the Newsagents Association of South Australia.

Cynthia’s greatest pride, however, comes from what the newsagency — which directs all profits to the RAHRF—does for others. “It means a lot to me that we help to enhance patient care here at the RAH,” she says. “To-date we’ve contributed over \$1.4 million to the RAHRF.”

Away from the newsagency, Cynthia’s a tennis fanatic. She plays twice a week, is in her 31st year as secretary of Para Hills Tennis Club, and visits the Australian Open annually. She’s also a Justice of the Peace, and enjoys yoga, walking, reading and spending time with her husband and teenage son.

# Beachport Bowling Club

## Background

Beachport is a small town of around 650 people on the beautiful Limestone Coast in SA's lower south-east. The popular tourist destination's bowling club is an important social hub for locals, with 60 members regularly taking to the greens.

## What have they raised?

The Beachport Bowling Club only began supporting the RAH Research Fund (RAHRF) late last year, and in their first fundraising event managed to raise a fantastic \$5,250. At the club's request, this money will go directly to the Hanson Institute for cancer research at the Royal Adelaide Hospital.

## How Did They Do It?

The club held a Girls Night In for 70 ladies on Saturday 24th October 2017. The event was the brainchild of the club's newly crowned ladies singles champion, Annemarie Goode, who conceived and managed it with club treasurer Ruth Sims, with valuable assistance from Sharon Cox, Lynette Smith, Jeannie Hall, Sue Young and Janine Farmer.

"Supper and a glass" was provided for \$20 a head, made possible by the generous donation of six bottles of sparkling wine by DiGiorgio Family Wines in the Coonawarra. A silent auction was also held, a raffle run, and Annemarie prepared 120 mystery boxes, which sold for \$8 each on the night.

Local characters "Plum and Dash" provided colourful service at the bar, and Leanne Sutherland and Jeannie provided a range of delicious cocktails.

## What Motivated Them?

Annemarie became aware of the RAHRF—and the need for its services—while treasurer of the Millicent Cancer Support Group, a long-time supporter of the fund.

For Ruth, the connection with the Hanson Institute in particular is deeply personal. Her late father was treated for a time by the institute's inspirational namesake, Dr Bertram Speakman Hanson, at the RAH—treatment she believes was instrumental in helping her father live years beyond initial expectations.



Images from the 2017 Girls Night In event.



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**"It's hard to miss how many people are affected by cancer in country communities. So when I suggested we fundraise for The Hanson Institute, everyone was in agreement."**

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Annemarie Goode, 2018 Beachport Bowling Club Ladies Singles Champion

## Going above and beyond

As well as playing a leading role in the event's conception and creation, Annemarie personally donated no less than \$1,000 on the night. She then subsequently went to the effort of sending personal "Thank you" letters to all who'd taken part.

"That was very important to me," she says. "Showing thanks is a mark of respect that should never be overlooked." We couldn't agree more, so...

**Thank you Annemarie, Ruth, and the entire Beachport Bowling Club. Your generosity will make a huge difference in many lives, and you have our utmost appreciation.**

## Volunteer Profile

### Marie Romano Raschella



#### Tell us a little about yourself, Marie.

Well, I was born in Adelaide in 1966 and graduated from Mitcham Girls High School in 1982. I now live in Rostrevor and work casually at Sussan in Rundle Mall. I'm married with three wonderful children—two boys, aged 26 and 21, and a girl, 18—and my family's absolutely everything to me. But I also enjoy going to Pilates and body pump classes, and I love visiting Aldinga Beach.

#### So how often do you volunteer at the RAH Research Fund, and in what capacity?

I help out the RAH Research Fund team one day a week—every Wednesday. I've been volunteering since January 2016 and absolutely love it.

I mostly lend a hand with support services including greeting visitors at the Research Fund's lovely new Hub in the RAH. I really enjoy that interaction with people and have always placed a high value on good service.

#### What originally prompted you to volunteer your time?

I wanted a meaningful way to say "thank you" to all the RAH doctors and nurses for everything they've done for my family. Unfortunately, we've lost several loved ones to cancer over the years. My brother passed away from bowel cancer at the age of just 40. My father died from melanoma. And my uncle was taken from us by throat cancer.

The RAH doctors and nurses were always fantastic, so I wanted to give back in a way that would benefit my community and make a real difference. That still motivates me today.

#### Is there anything else you particularly enjoy about volunteering with the Research Fund?

Yes, lots! I love meeting people from different cultures and backgrounds. I like having the chance to listen to people's stories and help them. I enjoy learning more about the RAH itself—all its different areas of treatment and how they help people. And I like the fact that volunteering here—and helping others—just makes me a better person. I'm definitely here for the long term.

## Our mascot has a name!



Thank you to everyone who sent through their suggestions for the "name our mascot" competition launched in our last newsletter. We received many great ideas, but in the end, we all agreed there was one stand-out. So...

Congratulations to our winner, Janet Leske, for her wonderful suggestion of "Scrubs"!

### Say "Hi" to Scrubs

Scrubs loves cuddles... lots of them... especially when you're feeling a bit down. He's also a great listener and has a happy knack of making people smile. In fact, no matter what age you are, a cuddle and a chat with Scrubs will always make your day brighter.

#### Could you do with a Scrubs in your life?

If you'd like a Scrubs to cuddle, or know someone who would, make sure you drop by the RAH Research Fund Hub, located at Level 3 in the Public Dining Area, and purchase your very own Scrubs for just \$30.



#### Your Privacy

Our full Privacy Policy is available online at [www.rahresearchfund.com.au/privacy-policy](http://www.rahresearchfund.com.au/privacy-policy) and contains further details about: (i) how we obtain, store and use the personal information we collect; (ii) where we send it; (iii) how you can access and correct it; (iv) how you can lodge a privacy complaint; (v) how we handle those complaints. You may contact us with any queries via email: [contactus@rahresearchfund.com.au](mailto:contactus@rahresearchfund.com.au) or mail: Royal Adelaide Hospital Research Fund, RAH, Port Road, Adelaide SA 5000 or telephone: (08) 7074 1445.

**RAH Research Fund Direct Debit Service.** By signing this form you are agreeing to the terms and conditions of the RAH Research Fund Direct Debit Service agreement, a copy of which is below. Please note that you have the option to change or opt out of this agreement at any time. For your convenience, a copy of the agreement also appears on our website or can be obtained by phoning us on (08) 7074 1445. All gifts of \$2 or more are receipted automatically; others on request. The RAH Research Fund respects your privacy. For more information about our privacy practices, please call (08) 7074 1445. The RAH is an entity of the Central Adelaide Local Health Network (CALHN) ABN 96 269 526 412.

#### Please note:

1. If the due date for payment falls on a day which is not a business day, your payment will be processed on the next business day. If you are uncertain as to when the debit will be processed to your account please contact the RAHRF on (08) 7074 1445.
2. By signing this agreement 'you' the customer authorises and requests the Central Adelaide Local Health Network (CALHN) to debit your account through the Bulk Electronic Clearing System (BECS).
3. The CALHN RAH Rese (User ID 498472) will be seen as your reference to the debit payment from the Royal Adelaide Hospital Research Fund in your bank statement.
4. In the instance of any variation of this debit agreement, the Royal Adelaide Hospital Research Fund reserves the right to inform of such changes in writing with no less than 14 days notice.
5. If you wish to alter or defer this agreement please phone the Royal Adelaide Hospital Research Fund on (08) 7074 1445 or submit your request in writing via email or mail (details on this letterhead).
6. All requests to Stop or Cancel this Agreement may be sent to the Royal Adelaide Hospital Research Fund in writing via email or mail (details below). You may also direct your request to your financial institution. It is your responsibility to have sufficient clear funds available in the relevant account by the due date to allow for the payment to be debited.
7. In the event the debit is unsuccessful, we will make attempts to contact you via phone or mail to attempt to recover your payment or amendment to the initial agreement upon your instructions.
8. If you wish to dispute any debit payment made by the Royal Adelaide Hospital Research Fund, please contact us by phone, email or mail and we will make every attempt to resolve your dispute. You may also direct your claims to your financial institution.
9. Direct Debit, through BECS, is not available on all accounts; You are advised to check account details against a recent statement from your financial institution; If uncertain, please check with your financial institution before completing this Direct Debit Request DDR Service Agreement.
10. Your account details will be kept private & confidential and required only for the purposes stipulated on this Agreement otherwise required by the Bank in the event of a claim or relating to an alleged incorrect or wrongful debit. If you wish to notify us in writing about anything to this agreement, you should write to; Royal Adelaide Hospital Research Fund, RAH, Port Road, Adelaide SA 5000.
11. We may send notices either electronically to your email address or by ordinary post to the address you have given us.