

My name is Arturo Princi and I am a prostate cancer survivor. It means so much to me to thank the RAff for their help.

I was diagnosed with prostate cancer in June 2017. It was a very sad time for me, because I had survived bowel cancer and I thought I was going to be fine. I have a happy, busy life, with my beautiful wife Rosa, my children and my five grandchildren and my Italian radio show. I didn't know what was going to happen next - the future was uncertain.

It was so comforting to have the RAff by my side.

It wasn't even 12 months from diagnosis to surgery for me. The RAff Urology unit, my doctor and the prostate nurse were all wonderful. After tests, scans and a biopsy, things didn't look good. So robotic surgery was recommended.

I didn't know what to expect from the robotic surgery, but it was so fast and effective. I went in at 7am and by 2pm I was back in the ward. Best of all, there were very few side effects and my cancer is now undetectable. I only need to have regular check-ups every three months. It's such a relief to feel healthy again!

As a patient I felt well informed and I knew exactly where I stood - so I decided that I needed to be positive. It really made a difference. We can't always change what happens to us, but we can choose to be positive.

Research is very important, because not every person is the same. We all need different care and individual treatment. I hope you are able to help with a donation. Every dollar counts.

I love to write poetry, to share my thoughts and impressions on life. I wrote a special poem about my prostate cancer experience. I hope you enjoy reading my words.

Yours sincerely

Arturo

P.S

These are my wonderful grand children. Every moment I now get to spend with them is precious.

In the morning I looked up at the sky
got stronger and happier every day

I now reflect on what could have been
getting on with my life I'm still so keen

I implore the names of all my fellow men
get your friend in check now and then

Excerpt from *My Friend* by Arturo Princi,
about his thoughts after robotic surgery

